



**COAST GUARD MARATHON REGISTRATION OPENS AUG. 4**  
*New course announced for Elizabeth City, N.C. race event*

ELIZABETH CITY, NC (Aug. 1, 2022) – Registration for the 2023 Coast Guard Marathon, Half Marathon, 5K and virtual events will open on Aug. 4 at midnight in celebration of Coast Guard Day.

The official road race of the United States Coast Guard, the events will take place March 2 - 4, 2023 in Elizabeth City, N.C. Interested runners may sign up to take advantage of early bird pricing at [CoastGuardMarathon.com](https://CoastGuardMarathon.com). Races are open to both military and non-military participants.

“Elizabeth City is proud to be the home of the Coast Guard Marathon, and we look forward to welcoming participants from around the United States and beyond to take part in the second annual in-person race, which honors and celebrates the Coastie spirit,” Coast Guard Marathon Director Corrina Ruffieux said. “This year’s marathon event will feature an improved course that will showcase even more local landmarks, while still offering the unique opportunity to run on Base Elizabeth City.”

The marathon and half marathon courses will run along the Pasquotank River and through the U.S. Coast Guard Base and Air Station with a rare chance to traverse the military airstrip. Along the way, runners will see Elizabeth City State University, a Historically Black College and the home to North Carolina’s only four-year college aviation education program. The marathon route also features a loop around one of the last standing WWII airship hangars in the U.S., a 20-story tall, dome-shaped structure on the waterfront. All race routes begin and end in Elizabeth City’s historic downtown district where a post-race celebration will greet finishers. The course is sanctioned and certified by USA Track & Field and is among the flattest official Boston Marathon qualifying courses in the United States.

The inaugural in-person Coast Guard Marathon held in March 2022 saw nearly 1,500 runners from 45 states and three U.S. territories, with participants from as far away as Alaska and Hawaii. Attendance at this year’s race weekend is anticipated to grow.

The Coast Guard Marathon is sponsored by AdeNation®.

### About Visit Elizabeth City

The quaint, coastal town of Elizabeth City, N.C. offers big city benefits in a rural location and abundant Southern charm. Just a short drive through scenic waterways and woodlands to the beaches of the Outer Banks and near the urban center of Hampton Roads, the community is home to three institutions of higher learning and one of the largest Coast Guard bases in the United States. Leisure and business travelers are invited to explore Elizabeth City's revitalized and growing downtown and waterfront areas alive with unique eateries, shopping, art, events and fun for everyone. Visit [VisitElizabethCity.com](http://VisitElizabethCity.com) for more information.

### About Presenting Sponsor AdeNation

AdeNation is a division of Super Bakery, Inc. located in Pittsburgh, Pennsylvania. AdeNation is a powdered hydration drink that mixes with water born from an experience founder Franco Harris, an NFL legend, had with severe dehydration. After researching hydration, he learned that as many as 75% of people start their day dehydrated. With this knowledge, Franco, along with help from doctors, scientists, athletic trainers and others in the field worked on developing a hydration drink that would rapidly hydrate anyone. After years of testing, AdeNation is now available as an easy-to-use hydration drink for every body, every day. For more information, visit: [adenation.com](http://adenation.com)

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**Photos from the 2022 Coast Guard Marathon available [here](#). Please credit Coast Guard Marathon.**

#### **Media Contact:**

Corrina Ruffieux

Race Director

Corrina@CoastGuardMarathon.com